

CourageLIVES

Your donations help survivors of trafficking, exploitation, and abuse, and their families:

- Gift cards to Hannaford or Shaw's grocery stores
- Gas cards for Irving or Shell
- Gift cards to Target or Walmart for clothing and personal supplies
- Hygiene/Toiletries: deodorant; shampoo; conditioner; toothpaste
- New socks and underwear all sizes for women, men, and children
- Beach towels and towels, wash cloths, hand towels
- Fleece blankets any size, pillows and pillow cases
- Tupperware/Rubbermaid containers for food storage
- Plastic bins/totes with lids, laundry baskets, any size
- Non-perishable meals (such as Hormel), canned foods with pull tops, coffee, juice boxes, shelf stable milk, snacks for food pantry, cereal, flour, sugar, spices, imitation vanilla, bottles of water, diapers and baby wipes, dog and cat food, cat litter
- Winter boots, gloves, hats, kids snowpants
- Practical "home" items: toilet paper, paper towels, cleaning products, Clorox wipes, laundry detergent pods, dryer sheets, hand soap, dish soap, dishwasher soap, plastic utensils
- Dinner Out: A treat to go out to dinner! Applebee's, Chili's, Chipotle, Olive Garden, Pizza Hut, Subway, UNO, Wendy's

**If you have items to donate, please
call (207) 282-3351. Thank you!**