# SAINT ANDRE HOME

REPORT TO THE COMMUNITY

July 1, 2022 - June 30, 2023

stronger together



### "CourageLIVES has seen me at my worst, and at my best, and they are still there for me and my family. I have never felt this kind of support in my life before. Ever."

- A SURVIVOR

#### Dear Friends of Saint Andre Home and CourageLIVES,

What a year! 2022 to 2023 was a time of reflection, discernment and transition. We have some big changes in the works!

As of July 1, 2023, the CourageLIVES home for women survivors of human trafficking and exploitation shifted to a full-time community center model. With this, on June 30th, the last resident completed her stay at CourageLIVES, and we no longer have women living at the CourageLIVES house. This was bittersweet. The CourageLIVES home has been a much-loved and beloved place that has truly been a home for so many throughout the years. With this, we have continued to see the needs of families changing and growing – particularly families who have been impacted by abuse and violence. Our requests for outreach support and services have grown significantly.

In keeping with the work and tradition of the Good Shepherd Sisters of adapting and adjusting to the needs of the time, Saint Andre Home was called to adapt to meet these growing needs. The transition to community-based services allows us to help greater numbers of people and families who have been impacted by human trafficking, exploitation and abuse. The transition also allows us to serve families more holistically, which is in alignment with the agency's mission and purpose.

This report provides a wonderful overview of the work and services of the agency over the past year from July 2022 through June 2023. I continue to be moved by the spirit of giving so many of our supporters and donors have shown us.

Thank you for your support for the people and families we serve, for our agency and mission.

With thanks,

Carey Nason, Executive Director

SAINT ANDRE HOME · COURAGELIVES

## **Grow Stronger, Together**

Saint Andre Home is a private, non-profit, Catholic organization designed to meet the needs of Maine families, regardless of nationality, ethnic background, religion, or ability to pay.

Our flagship program CourageLIVES, founded in 2015, provides support and services for anyone impacted by human trafficking, exploitation, or abuse.

We provided services to nearly 350 people in 2022-2023 – survivors like Jadalynn.

When we first met Jadalynn, she was staying in a number of places, often on different people's couches. She was at significant risk of being further exploited and harmed.

Thanks to our comprehensive, community-based service model, we were able to help her connect with a number of local resources. Jumping into action, our staff assisted Jadalynn with her immediate basic needs like hot meals, warm clothing, a place to shower and to do laundry, and a safe



place to be with her dog. Once secured, we were able to offer Jadalynn community referrals to help her with transportation, employment, mental health services, and housing application assistance.

### Jadalynn shares in her own words:



When I first connected with CourageLIVES I was struggling to find myself. I was in a bad situation and got lost in the trauma.

Working with CourageLIVES has helped me, my family, and dog find housing, which I never thought was possible. CourageLIVES helped miraculously by providing supplies that my family needed, which helped to get us where we are now. They helped my partner and I grow stronger by helping us through the tough times.

I have appreciation for CourageLIVES as they helped me grow my confidence, and now I have less anxiety about being a mom and who I am as a person."

### Giving Survivors and Their Families Support to Thrive

# "By addressing basic needs, we can reduce risks and be part of a support system for connection and safety."

- KATE STEARNS-LUCE, LCSW COURAGELIVES PROGRAM DIRECTOR

The past year has been a whirlwind of growth and change for our program, bringing new opportunities to support families and individuals in their journeys.

We've celebrated milestones like stable housing, educational pursuits, career development, and reunions with loved ones.

Alongside these successes, we've also witnessed increasing demand for outreach services, mental health support, and basic needs assistance. Expanding our outreach efforts has allowed us to provide essentials

like food, clothing, and hygiene products to those affected by trafficking and abuse,

Our community dinners have been a cherished space for laughter and support, creating a warm and accepting environment for survivors.

This past year has reaffirmed the power of connection and collaboration in our work. As we embark on the year ahead, we're committed to building on the strength of these relationships and continuing to uplift survivors and their families in partnership with our community.

# The Good Shepherd Sisters Legacy

Friends of Saint Andre Home and CourageLIVES gathered on Sunday, April 30th in for a celebratory brunch honoring the Good Shepherd Sisters and their 80+ years of service to women and children in Maine. With more than 100 people in attendance, it was an inspiring and heartwarming celebration of their legacy of caring and compassion.





# Year at a Glance

### 267 survivors and 74 family members served

## **Our Impact**

### **SAFETY**

Provided a safe home and services to **4 women** during the sunset year of our residential program

### **HOLIDAY JOY & NOURISHMENT**

110 served at Thanksgiving 84 served at Christmas 40 served at Faster

### **BACK-TO-SCHOOL READINESS**

30 families were provided backpacks and school supplies including notebooks, pencils, and crayons

#### **FUNDING SOURCES:**

- Grants: 81%
- Individual Gifts: 16%
- Miscellaneous: 2%
- Government (MaineCare): 1%

#### **EXPENSES:**

- Direct Program: 53%
- Safe House Facility: 22%
- Administrative: 14%
- Outreach: 10%
- Adoption Record Management: 1%

# In Loving Memory of Sister Viola Lausier

July 21, 1924 - July 9, 2023



We celebrate Sister Viola's transformative leadership as a founding figure of Saint Andre Home. Throughout her 98 years, Sr. Vi embodied unwavering dedication and compassion, Helping countless women and children.

Born in Grand Isle, Maine, Sr. Vi's journey of service began at 16 when she entered the Congregation of the Servants of the Immaculate Heart of Mary. Her pioneering spirit and tireless advocacy propelled Saint Andre Home forward. From securing vital state funding to her strategic acumen in finance and management, Sr. Vi's vision ensured the organization's growth and sustainability.

As we honor Sr. Vi's memory, let us carry forward her legacy of compassion and justice, ensuring that her spirit and adaptive nature continues to inspire positive change in our world.



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